

# Course Descriptor

Palliative and End-of-Life Care · OBA-PEOL-2026

## DOCUMENT CONTROL

- Programme: Palliative and End-of-Life Care (OBA-PEOL-2026)
- Audience: Student and Facilitator · public-facing
- Version 1.0 | Issued 18/09/2026 | Review due 18/09/2027
- Provider: OBA Nursing Academy

## Palliative and End-of-Life Care

A fully self-directed, entirely online professional development programme for nurses, care workers, student nurses and family carers. 9.5 CPD hours.

| <b>Course code</b>        | OBA-PEOL-2026                                                                                  |
|---------------------------|------------------------------------------------------------------------------------------------|
| <b>Provider</b>           | OBA Nursing Academy                                                                            |
| <b>Duration</b>           | 9.5 CPD hours, self-paced                                                                      |
| <b>Delivery</b>           | Entirely online, self-directed, through the OBA learning management system                     |
| <b>Modules</b>            | 11, plus a case study assessment and a summative assessment                                    |
| <b>Assessment</b>         | 60 single-best-answer items, 80% pass mark, 2 attempts                                         |
| <b>Entry requirements</b> | None. Content is written for a mixed audience and identifies which sections apply to each role |
| <b>Outcome</b>            | Certificate of completion with a unique certificate identifier                                 |
| <b>Version</b>            | 1.0, issued 18/09/2026, review due 18/09/2027                                                  |

## Who should enrol

- Registered nurses (RNs) and enrolled nurses (ENs) in acute, aged, disability and community settings
- Internationally qualified nurses preparing for Australian practice
- Assistants in nursing, personal care workers and disability support workers
- Student nurses and student enrolled nurses
- Family members and informal carers supporting someone who is dying at home

## What you will cover

| Module | Title                        | Hours |
|--------|------------------------------|-------|
| 00     | Orientation: How This Course | 0.5   |

|    | Works                                                               |     |
|----|---------------------------------------------------------------------|-----|
| 01 | The Palliative Approach: What It Is and When It Starts              | 0.5 |
| 02 | Advance Care Planning, Substitute Decision-Making and Goals of Care | 0.5 |
| 03 | Communication: Difficult Conversations and Family Meetings          | 0.8 |
| 04 | Assessing and Managing Pain                                         | 0.8 |
| 05 | Managing Other Common Symptoms                                      | 0.5 |
| 06 | The Last Days of Life: Recognising Dying and Terminal Care          | 0.8 |
| 07 | Medicines at the End of Life and the Subcutaneous Route             | 0.5 |
| 08 | Culturally Safe and Spiritually Responsive Care                     | 0.5 |
| 09 | Care After Death and Supporting the Bereaved                        | 0.8 |
| 10 | Scope, Law, Ethics and Caring for Yourself                          | 0.8 |

## How you will learn

1. Watch the narrated module video.
2. Read the Student Learner Guide for that module.
3. Complete the reflective workbook activity.
4. Complete the knowledge check and read the rationales.
5. Move to the next module when the system unlocks it.

## What this course is, and is not

### SCOPE OF PRACTICE AND CURRENCY

- This programme is professional development. It is not a qualification, it is not a unit of competency from a training package, and it does not of itself authorise any learner to perform any clinical activity. Palliative care is performed only within the learner's own scope of practice, after assessment of competence, and in line with the policy of the organisation the learner works for. This course names no medicine doses. Every medicine, dose, route and interval must be checked against the current prescription, Therapeutic Guidelines and local policy before it is given to a person.
- Regulatory and legal currency: this content was written against the NMBA standards, the ACSQHC National Consensus Statement on end-of-life care, the National Palliative Care Standards, the NSQHS Standards (2nd edition) and the strengthened Aged Care Quality Standards as published at 18/09/2026. Law relating to advance care planning, substitute decision-making, verification of death and voluntary assisted dying differs in every Australian state and territory and changes frequently. This course teaches the questions to ask, not the answer for your jurisdiction. Always confirm the current position with your own state or territory legislation and your

organisation's policy.