

Course Descriptor

Hand Hygiene and Personal Protective Equipment · OBA-HHP-2026

DOCUMENT CONTROL

- Programme: Hand Hygiene and Personal Protective Equipment (OBA-HHP-2026)
- Audience: Student and Facilitator · public-facing
- Version 1.0 | Issued 19/09/2026 | Review due 19/09/2027
- Provider: OBA Nursing Academy

Hand Hygiene and Personal Protective Equipment

A fully self-directed, entirely online professional development programme for nurses, medical and procedural clinicians, student nurses, internationally qualified nurses and support staff. 10.0 CPD hours.

Course code	OBA-HHP-2026
Provider	OBA Nursing Academy
Duration	10.0 CPD hours, self-paced
Delivery	Entirely online, self-directed, through the OBA learning management system
Modules	11, plus a case study assessment and a summative assessment
Assessment	60 single-best-answer items, 80% pass mark, 2 attempts
Entry requirements	None. Content is written for a mixed audience and identifies which sections apply to each role
Outcome	Certificate of completion with a unique certificate identifier
Version	1.0, issued 19/09/2026, review due 19/09/2027

Who should enrol

- Registered nurses (RNs) and enrolled nurses (ENs) in every setting - acute, subacute, peri-operative, aged, disability, community and primary care
- Assistants in nursing, personal care workers and support workers, who perform more episodes of patient contact than anyone else and are audited least often
- Medical practitioners and allied health clinicians, whose hand hygiene compliance is consistently the lowest of any professional group in the national data
- Internationally qualified nurses (IQNs) preparing for Australian practice, where the moments, the products, the auditing method and the 'bare below the elbows' expectation may all differ from where they trained

- Student nurses and student enrolled nurses
- Cleaning, food service, administrative and reception staff working in clinical areas, for whom Modules 01, 02 and 06 are the relevant ones
- Hand hygiene auditors and infection prevention link staff will find Module 10 directly applicable, though formal auditor credentialling comes from Hand Hygiene Australia and not from this course

What you will cover

Module	Title	Hours
00	Orientation: How This Course Works	0.5
01	Why Hands, and What Standard Precautions Are	0.5
02	The 5 Moments - and the Two Outside Them	0.8
03	Technique and Products	0.5
04	What Alcohol Does Not Kill	0.5
05	The Hands Themselves	0.8
06	Gloves: the Most Misused PPE in Healthcare	0.8
07	Aprons, Gowns, Eye and Face Protection	0.8
08	Masks and Respirators: Fit Testing and Fit Checking	0.8
09	Precautions, Doffing and Breaches	0.8
10	Compliance: Auditing, Action 3.10 and Why the Number Moves	0.8

How you will learn

1. Watch the narrated module video.
2. Read the Student Learner Guide for that module.
3. Complete the reflective workbook activity.
4. Complete the knowledge check and read the rationales.
5. Move to the next module when the system unlocks it.

What this course is, and is not

SCOPE OF PRACTICE AND CURRENCY

- This programme is professional development. It is not a qualification and it is not a unit of competency from a training package. Completing it does not of itself establish that a learner performs hand hygiene or uses personal protective equipment correctly - those are observed behaviours, measured in the workplace by direct observation, and this course ships the tools for that. It does NOT credential anyone as a hand hygiene auditor: national auditor credentialling comes from Hand Hygiene Australia, and a compliance figure collected by an uncredentialed observer must not be reported as national audit data. It does NOT substitute for respirator fit testing,

which requires trained personnel and specific equipment and is arranged by your employer. THIS COURSE NAMES NO PRODUCTS AND SETS NO CONTACT TIMES OF ITS OWN. Where a specific appears - twenty seconds of washing, EN 1500, 0.3 micron, 85 litres per minute - it is quoted from a named national source and cited on the page. The amount of alcohol-based hand rub to apply, the contact time for your skin antiseptic, the donning and doffing sequence on your wall and the fit check method for your respirator all come from your employer and the manufacturer's instructions for use, not from a course.

- Regulatory and clinical currency: this content was written against the NSQHS Preventing and Controlling Infections Standard (2nd edition, 2021 update) Action 3.10, the Australian Guidelines for the Prevention and Control of Infection in Healthcare (2019 - still the current edition at the date below), the ACSQHC 5 Moments for Hand Hygiene (poster images updated December 2021), and AS/NZS 1715:2009 and AS/NZS 1716:2012, all as published at 19/09/2026. Four things are local, not national, and this course will not answer them for you: which products your service uses and the amount and contact time their manufacturers specify, your donning and doffing sequence, whether and when your jurisdiction requires respirator fit testing, and your own service's dress, jewellery and nail policy. Confirm each against your own policy before you act.