

Course Descriptor

Trauma Nursing Fundamentals: Recognition, Resuscitation and the First Hour · OBA-TNF-2026

DOCUMENT CONTROL

- Programme: Trauma Nursing Fundamentals: Recognition, Resuscitation and the First Hour (OBA-TNF-2026)
- Audience: Student and Facilitator · public-facing
- Version 1.0 | Issued 19/09/2026 | Review due 19/09/2027
- Provider: OBA Nursing Academy

Trauma Nursing Fundamentals: Recognition, Resuscitation and the First Hour

A fully self-directed, entirely online professional development programme for nurses, medical and procedural clinicians, student nurses, internationally qualified nurses and support staff. 10.0 CPD hours.

Course code	OBA-TNF-2026
Provider	OBA Nursing Academy
Duration	10.0 CPD hours, self-paced
Delivery	Entirely online, self-directed, through the OBA learning management system
Modules	11, plus a case study assessment and a summative assessment
Assessment	60 single-best-answer items, 80% pass mark, 2 attempts
Entry requirements	None. Content is written for a mixed audience and identifies which sections apply to each role
Outcome	Certificate of completion with a unique certificate identifier
Version	1.0, issued 19/09/2026, review due 19/09/2027

Who should enrol

- Emergency department nurses, including those new to a trauma-receiving department and those who have never been part of a trauma call
- Nurses in rural, regional and remote services, where the trauma patient arrives before the team does and the nurse is frequently the most experienced clinician in the room
- Ward, theatre, recovery and critical care nurses who receive trauma patients after the resuscitation room, and who are the people most likely to find the injury nobody noticed

- Internationally qualified nurses, for whom the Australian trauma system, its destination criteria and its national guidelines are usually entirely new - and for whom some of what was taught overseas has since been superseded here
- Enrolled nurses, students and assistants working in emergency and acute settings, who are frequently the second pair of hands in a trauma resuscitation
- Educators and clinical nurse specialists preparing a service or a cohort for trauma reception

What you will cover

Module	Title	Hours
00	Orientation: How This Course Works	0.5
01	The Trauma System, and Where You Sit In It	0.5
02	Mechanism, Energy and the Injuries to Go Looking For	0.5
03	The Primary Survey: <C>ABCDE	0.8
04	Catastrophic Haemorrhage and Haemorrhage Control	0.5
05	Shock, Critical Bleeding and the Major Haemorrhage Protocol	0.8
06	Head Injury, Spine, and the Collar Question	0.8
07	Chest, Abdomen and Pelvis	0.5
08	Children, Older People and Pregnancy	0.5
09	The Secondary and Tertiary Survey, and Missed Injury	0.5
10	Handover, Documentation, Forensics and the Team	0.8

How you will learn

1. Watch the narrated module video.
2. Read the Student Learner Guide for that module.
3. Complete the reflective workbook activity.
4. Complete the knowledge check and read the rationales.
5. Move to the next module when the system unlocks it.

What this course is, and is not

SCOPE OF PRACTICE AND CURRENCY

• This programme is professional development. It is not a qualification, it is not a trauma life support course, and it does not authorise any learner to perform any procedure described in it. It is NOT and does not substitute for EMST, ATLS, ITLS, TNCC or any other trauma life support or trauma nursing certification - those are separate proprietary courses with their own providers, assessment and currency requirements. It does not place anyone in a trauma team. Knowledge is one of three requirements; the others are assessed competence and authorisation from your employer. Where your service's policy, procedure or major haemorrhage protocol differs from anything in this course,

your service's document applies.

- Sources and their versions, retrieved 19/09/2026. Critical bleeding: National Blood Authority, Patient blood management guideline for adults with critical bleeding, VERSION 2.0 published 4 SEPTEMBER 2025 (a minor update to Good Practice Statement 5; the evidence search date remains 29 September 2021, and the guideline is under review). NOTE that PBM Modules 2 to 6 have been ARCHIVED by the NBA and must not be cited as current. Spinal: ANZCOR Guideline 9.1.6, APPROVED APRIL 2026, superseding the 2016 edition - if this contradicts your prior training, the guidance changed. Bleeding: ANZCOR Guideline 9.1.1. Deterioration: NSQHS Recognising and Responding to Acute Deterioration Standard, second edition, all thirteen actions.

NOT stated in this course, because they are local or because they belong to a prescriber: any medicine dose, rate, regimen or blood product dosing; age-specific paediatric vital sign ranges or weight-based calculations; your jurisdiction's trauma destination, bypass and transfer criteria; your service's major haemorrhage protocol, trauma call activation criteria and spinal clearance pathway. Every one of those has an authority, and it is not this course.