

Course Descriptor

NMBA CPD and Reflective Practice · OBA-CPD-2026

DOCUMENT CONTROL

- Programme: NMBA CPD and Reflective Practice (OBA-CPD-2026)
- Audience: Student and Facilitator · public-facing
- Version 1.0 | Issued 20/09/2026 | Review due 20/09/2027
- Provider: OBA Nursing Academy

NMBA CPD and Reflective Practice

A fully self-directed, entirely online professional development programme for registered and enrolled nurses, nurse practitioners, midwives, students, and the managers and educators who supervise them. 8.5 CPD hours.

TWO THINGS TO SETTLE BEFORE YOU ENROL

- THIS IS NOT A CLINICAL COURSE AND IT IS NOT A CAREER COURSE. It teaches no clinical subject, and it is not about promotion, job-application portfolios or study pathways. It is about one registration standard, its three supporting documents, and the audit that checks them.
- AND IT INVENTS NOTHING. No obligation appears in it unless a named NMBA or Ahpra document contains it - which means it will contradict several things you have probably been told about CPD, including that it must be accredited, that part-time nurses do fewer hours, and that you must use a particular reflective model. None of those is in any of the five documents.

Course code	OBA-CPD-2026
Provider	OBA Nursing Academy
Duration	8.5 CPD hours, self-paced
Delivery	Entirely online, self-directed, through the OBA learning management system
Modules	11, plus a case study assessment and a summative assessment
Assessment	60 single-best-answer items, 80% pass mark, 2 attempts
Entry requirements	None. Written for registered and enrolled nurses and midwives in every setting
Content note	No invented requirements - every obligation maps to a named NMBA or Ahpra document
What it is not	Not an authority to practise. It authorises nothing beyond your existing scope
Outcome	Certificate of completion with a unique certificate identifier

Version	1.0, issued 20/09/2026, review due 20/09/2027
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Who should enrol

- Registered nurses and enrolled nurses at every stage - because the standard applies equally to full-time, part-time, paid and unpaid practice, and to those on leave from work
- Midwives, and anybody holding dual registration as a nurse and a midwife, where the hours add up differently and one activity can sometimes count twice
- Nurse practitioners, midwife practitioners, and anybody with a scheduled medicines endorsement or a notation - who owe additional hours on a defined subject
- Nurses and midwives who are NOT currently working but have kept their registration - who still owe CPD, and who are the group most often caught out
- Internationally qualified nurses and midwives newly registered in Australia, for whom the registration period, the pro rata rules and the audit process are all new
- Anybody who has just been selected for audit, or who has just realised renewal is close
- Nurse unit managers, educators and clinical leads who are asked what counts, and whose answer becomes their whole unit's practice
- Anybody who has a folder of certificates and a quiet suspicion that it is not what the NMBA actually asked for

What you will cover

Module	Title	Hours
00	Orientation: The Course That Is an Example of Itself	0.50
01	What the Standard Actually Says, and Who It Applies To	0.50
02	Your Hours: 20, 30, 40, 50 - and Pro Rata	0.50
03	Context of Practice: the Test That Decides Everything	0.50
04	What Counts, What Does Not, and the CPR Question	0.50
05	The Four Things Your Evidence Must Demonstrate	0.50
06	Reflection: What It Is, and What Not to Write	0.50
07	The CPD Cycle and Your Learning Plan	0.50
08	Audit: the Notice, the 28 Days and the Checklist	0.50
09	Exemptions, Non-Practising, and What Is Not a Ground	0.50
10	The System Around It: the Other Standards and the Consequences	0.50

How you will learn

1. Watch the narrated module video.
2. Read the Student Learner Guide for that module.
3. Complete the reflective workbook activity.
4. Complete the knowledge check and read the rationales.
5. Move to the next module when the system unlocks it.

The ten questions you will finish with

This course deliberately does not answer the questions that are set where you work. It tells you which they are, and the workbook has a page for the actual answers.

- Which registration do I hold, and do I hold any endorsement or notation? What does that make my total hours?
- Have I held that registration for the full 12 months of this period, or does pro rata apply?
- Where is my CPD record for the period 1 June to 31 May right now, and could I produce it today?
- Do I have a written learning plan for this year - and could I show one for last year?
- Does every entry in my record have all nine of the template's columns, or just a certificate?

...and five more, in Module 10.

A note on the content

Two things about how this programme is written. It carries no invented requirements: every obligation in it maps to a named NMBA or Ahpra document, and where something is a recommendation rather than a requirement, it says so. And it takes seriously that a proportion of any cohort is doing this course because they are already behind, already selected for audit, or already worried. The consequences are stated accurately rather than dramatically - including the part where failing to complete CPD is not an offence - and the support lines are on every student-facing document.

SUPPORT - FOR YOU, NOT FOR A PATIENT

- Nurse & Midwife Support - 1800 667 877. 24 hours, seven days. Free and confidential, for nurses, midwives and students - including if you are behind on CPD, have been selected for audit, or are carrying something that a reflective record is not the right place for.
- Lifeline - 13 11 14. 24 hours, seven days. National crisis support.
- You may stop this programme at any point and come back. Nothing is timed and there is no penalty.

What this course is, and is not

SCOPE OF PRACTICE AND CURRENCY

- This programme is professional development. It explains the NMBA's Registration standard: Continuing professional development and its supporting documents; it does not replace them, and it is not legal advice. It cannot tell you whether a particular activity counts for your context of practice, whether your circumstances meet the exemption threshold, or how the NMBA will decide any individual matter - those are decisions for you, for the NMBA, and for the state or territory board to which the NMBA delegates individual registrant matters. Where this programme and an NMBA document differ, the NMBA document applies.

- Content verified 20/09/2026 against the NMBA Registration standard: Continuing professional development (effective 1 June 2016), the Guidelines: Continuing professional development, the Fact sheet: Continuing professional development, the Policy: Exemptions from continuing professional development for nurses and midwives (June 2016), the Ahpra and NMBA audit pages, and the NMBA standards for practice. NOTE THE CURRENCY POSITION: the registration standard has been in effect since 1 June 2016 and remains the current standard. It also states that it will be reviewed 'generally at least every five years' and records 'Last reviewed: 1 June 2016'. It is therefore current AND past its own indicative review interval. Check the NMBA website before relying on any figure in this programme.