

Trained and Assessed as Competent: SIL Practice Standards and Worker Competency

Programme syllabus

DOCUMENT CONTROL

- Programme: Trained and Assessed as Competent: SIL Practice Standards and Worker Competency (OBA-SIL-2026)
- Audience: Programme documentation - facilitators, quality leads and education managers
- Version 1.0 | Issued 23/09/2026 | Review due 23/03/2027
- Provider: OBA Nursing Academy

SCOPE, CURRENCY AND THE LIMIT OF THIS PROGRAMME

- This programme is professional development for providers and their workforce. It explains the NDIS Practice Standards for supported independent living, the associated quality indicators and the corresponding aged care workforce obligations as they stood at the date of issue, with the register identifier and compilation number of every instrument cited. It is NOT legal advice and NOT a compliance sign-off. It cannot tell you whether a particular arrangement is supported independent living, whether your organisation must register, whether a worker is competent, or whether your evidence will satisfy an auditor. Those are decisions for the provider, its auditor and the NDIS Quality and Safeguards Commission.
- CONTENT VERIFIED 23/09/2026 DIRECTLY FROM THE FEDERAL REGISTER OF LEGISLATION, NOT FROM SECONDARY SOURCES. National Disability Insurance Scheme (Provider Registration and Practice Standards) Rules 2018, register ID F2018L00631, COMPILATION No. 6, compilation date 01/07/2026 (authorised version F2026C00527, registered 02/07/2026), recorded on the register as having NO unincorporated amendments. National Disability Insurance Scheme (Quality Indicators for NDIS Practice Standards) Amendment (Supported Independent Living) Guidelines 2026, register ID F2026N00443, made 23/06/2026, registered 24/06/2026, commenced 1 July 2026. Aged Care Act 2024, C2024A00104, Compilation No. 2. Aged Care Rules 2025, F2025L01173, Compilation No. 10. Check the compilation number on the cover page of any instrument before you rely on a section number in this programme.

WHY THIS DOCUMENT IS REVIEWED EVERY SIX MONTHS

- Mandatory registration commenced 1 July 2026 and the transition window closes 1 October 2026, a week after this programme was issued. The registration position in Module 02 will be out of date before an annual review cycle would have looked at it.
- Before you rely on any section number in this document, open the instrument on the Federal Register of Legislation and check the compilation number on its cover page against the one printed here.

What this programme is

From 1 July 2026 supported independent living and NDIS digital platform services must be registered, and registered SIL providers must meet a new supplementary module of the NDIS Practice Standards. That module is unusually workforce-facing: it does not ask whether workers completed training, it asks whether workers are **TRAINED AND ASSESSED AS COMPETENT** in named practices. Aged care made the same move in different words. This programme teaches where each obligation actually sits, what the twenty-five quality indicators require of a workforce, and how a provider designs assessment of competence and keeps records that answer an auditor.

THREE LAYERS, AND ONLY TWO OF THEM ARE LAW

- **PRACTICE STANDARDS** - Rules F2018L00631, Schedule 7A, clauses 3 to 6. Four short outcome statements.
- **QUALITY INDICATORS** - Quality Indicators Guidelines 2018, Part 8A, ss72A to 72E. Twenty-five indicators, and where every named training practice appears.
- **GUIDANCE** - the Commission's published module. Worker statements, provider statements and participant expectation statements exist only here, and they are not the citation for an obligation.

Programme parameters

Item	Detail
Code	OBA-SIL-2026
Title	Trained and Assessed as Competent: SIL Practice Standards and Worker Competency
Version / issued / review due	1.0 23/09/2026 23/03/2027
Modules	11
CPD hours	7.5
Summative assessment	60 items, 80% pass mark, 2 attempts
Case study assessment	5 unfolding case studies, 25 decision steps
Delivery	Self-paced online, with an optional facilitated workshop
Audience	Support workers, team leaders, trainers and assessors, quality and compliance staff, and governing bodies of SIL and aged care providers

How the CPD hours were measured

The hours are measured, not asserted. Each module's figure is the sum of its measured segment times; the programme figure adds the programme-level reading and the assessment, and is then rounded to the nearest half hour.

Component	Minutes
Module content (11 modules)	255
Programme-level reading	95
Summative assessment and case studies	88

Total	438
Stated CPD hours	7.5

THE FIGURE IS TAKEN FROM THE CONTENT, NOT THE OTHER WAY ROUND

- The measured total is 438 minutes, which is 7.30 hours. The nearest half hour is 7.5.
- An earlier draft of this build carried 8.5 as a placeholder, and every module's stated time overstated it as well. Both were corrected down from the measurement. The remedy for a CPD figure you would like to be higher is to ADD CONTENT, never to change the number.

Modules

#	Title	Time	Outcomes
Module 00	Orientation: Completion Is Not Competence	23 min	6
Module 01	Where the SIL Obligations Actually Live: Act, Rules, Guidelines, Guidance	22 min	6
Module 02	Who Must Register, and the Three Limbs That Decide Whether It Is SIL	23 min	6
Module 03	Supported Decision-Making: Five Indicators, and the Only One That Names Refresher Training	23 min	6
Module 04	Safeguarding: Eight Indicators, and the Three Named Training Practices	23 min	6
Module 05	Practice Governance: 'Trained and Assessed as Competent'	23 min	6
Module 06	Agreements about Tenancy, Housing and Support Arrangements	23 min	6
Module 07	The Five Named Practices, and What Each One Actually Is	23 min	6
Module 08	The Aged Care Parallel: Two Subsections, and a List That Is Not in the Law	26 min	6
Module 09	Designing Assessment of Competence, and the Records That Survive an Audit	23 min	6
Module 10	The Evidence Map, the Refresher Cycle, and What to Check on Monday	23 min	6

Learning outcomes, by module

Module 00 - Orientation: Completion Is Not Competence

- State the shift both regulators have made, in the words each instrument uses
- Name the three layers of documents, and which two of them are law
- Explain why a completion record answers a question neither regulator asked
- State the register identifier and compilation number of each instrument this programme uses
- State what this programme is not, and where a decision belongs instead
- Locate the twelve local questions this programme cannot answer for you

Module 01 - Where the SIL Obligations Actually Live: Act, Rules, Guidelines, Guidance

- Trace the chain from the NDIS Act to the Rules, the Guidelines and the guidance
- State what Schedule 7A clauses 3 to 6 contain, and how long they are
- Use the mapping table at s72A to move between a standard and its indicators
- State how many quality indicators each section carries
- Identify which layer a given statement belongs to
- Cite an obligation so that somebody else can check it

Module 02 - Who Must Register, and the Three Limbs That Decide Whether It Is SIL

- Name the two new classes of support and the provisions that require registration
- Apply the three limbs of Rules s7(5) to a described arrangement
- Explain why limb (c) decides most real cases
- State both limbs of the s5A digital platform test, and the primary purpose exclusion
- State what happens on 1 July 2026 and on 1 October 2026
- State the penalty in penalty units, without converting it

Module 03 - Supported Decision-Making: Five Indicators, and the Only One That Names Refresher Training

- State Schedule 7A clause 3 and the five indicators at s72B
- Explain what supported decision-making is, and what it is not
- List the six things s72B(4) requires a policy to require of workers
- Explain the significance of dignity of risk at s72B(2)
- State what s72B(5) requires about training and refresher training, and what it does not state
- Identify when an authorised decision maker such as a nominee may be needed

Module 04 - Safeguarding: Eight Indicators, and the Three Named Training Practices

- State Schedule 7A clause 4 and the eight indicators at s72C
- Name the three training practices s72C(3) requires, verbatim
- Explain what 'demonstrate compliance' at s72C(1) asks for beyond awareness
- Explain the consistency requirement at s72C(2) and why a casual workforce makes it hard
- State what s72C(7) requires about harm between participants
- Explain how s72C(8) closes the loop through worker learning and supervision

Module 05 - Practice Governance: 'Trained and Assessed as Competent'

- Quote s72D(3) and name the four practices it lists
- Explain why the standard at clause 5 does not contain the assessment requirement
- State what s72D(1) requires beyond training, including evaluation and supervision
- Explain what s72D(2) adds about trauma-informed practice in the home
- State what s72D(5) requires before a new tenant is placed in a home
- State what s72D(6) requires of emergency planning in shared living

Module 06 - Agreements about Tenancy, Housing and Support Arrangements

- State the separation requirement at s72E(1) and (2), and what the participant must understand
- Explain the worker-level referral duty to advocacy or legal assistance
- State what s72E(3) requires about conflicts of interest
- Name the tenancy rights at s72E(5), including house keys and the right to change provider
- State the condition at s72E(5)(f) before any limit on access or possessions
- List the six matters a service agreement must set out under s72E(6)

Module 07 - The Five Named Practices, and What Each One Actually Is

- Name the five practices and cite where each is named
- State which practice is named in three indicators, and which in only one
- Describe what each practice is, at a level sufficient to commission or check training
- Explain where person-centred practice and cultural safety sit, and how they differ
- Explain why naming matters - an auditor can search a catalogue by name
- Identify which practices require assessment and which require training

Module 08 - The Aged Care Parallel: Two Subsections, and a List That Is Not in the Law

- Quote Aged Care Rules s15-15(15) and (16) and state that they are the whole obligation
- Explain that the named training list is guidance, and that it is also what an assessor uses
- Explain why 'Action 2.9.6' is not a legislative citation
- State what Act s152 makes a condition of registration
- Compare the NDIS and aged care obligations across six dimensions
- State what this programme does not tell you about aged care worker screening, and why

Module 09 - Designing Assessment of Competence, and the Records That Survive an Audit

- State that no assessment method is prescribed, and what follows from that
- Compare five assessment methods against what each establishes
- List the eight fields an assessment record needs
- Explain why an instrument with no failing outcome is not an assessment
- Explain how supervision and practice review evidence distinct obligations
- Design a proportionate approach for a named practice

Module 10 - The Evidence Map, the Refresher Cycle, and What to Check on Monday

- Build an evidence map line for any indicator that names a worker obligation
- Set and justify a refresher cycle, and explain why the instrument does not set one
- Use the ten checks, each with its citation, on your own material
- State the citation habit in the form that survives an amendment
- Identify the twelve questions whose answers are in your own organisation
- Name what this programme has deliberately not told you

Where the obligations live

This table is the programme's spine. Each row is something a provider or a worker must do, and the instrument that carries it.

What you need	Instrument and provision	Note
The four SIL Practice Standards	RULES F2018L00631, Schedule 7A, cl 3-6	Four outcome statements. Short. Read them once and you will stop calling the indicators standards.
The twenty-five quality indicators	GUIDELINES, Part 8A, ss72B-72E	Where every named training practice actually appears, including 'trained and assessed as competent' at s72D(3).
Which providers must comply, and how they are assessed	RULES s20 and the s20(3) table	Certification for SIL, plus Schedule 4 where a regulated restrictive practice may be used.
Whether an arrangement is SIL	RULES s7(5), three limbs	Limb (c) - management of the package - decides most real cases.
Whether a service is an NDIS digital platform	RULES s5A	Intermediary AND payment processing, and only where that is the primary purpose.
The duty to be registered	RULES s7(4) SIL and s7(6) digital platform, under Act s73E	The obligation is to be registered; the classes are 0138 and 0137.
The aged care workforce obligation	AGED CARE RULES F2025L01173 s15-15(15) and (16)	Two subsections, and the famous topic list is not in either of them.
The aged care screening and training condition	AGED CARE ACT C2024A00104 s152	A condition of registration; the requirements themselves are prescribed by the rules.

The four standards and their indicators

Clause	Standard	Indicators at	How many
cl 3	Supported decision-making	s72B	5
cl 4	Safeguarding	s72C	8
cl 5	Practice governance	s72D	6
cl 6	Agreements about tenancy, housing and support arrangements	s72E	6

Assessment

Two instruments. The summative paper is 60 multiple-choice items blueprinted across the eleven modules; the case study assessment is 5 unfolding case studies with 25 decision steps, each option carrying feedback. The pass mark is 80% and there are 2 attempts.

Module	Items
Module 00	4
Module 01	6
Module 02	6
Module 03	6
Module 04	7
Module 05	7
Module 06	5
Module 07	6
Module 08	6
Module 09	4
Module 10	3
Total	60

Twenty of the keyed rationales are marked MANDATORY-CORRECT. Those are the statements the programme will not have a learner leave holding wrongly, and each of the eleven modules contributes at least one.

What this programme does not do

- It is not legal advice and it is not a compliance sign-off.
- It does not decide whether an arrangement is supported independent living. Rules s7(5) has three limbs and the third turns on who manages the package.
- It does not decide whether an organisation must register, or by when.
- It does not assess whether a worker is competent, or endorse an assessment instrument as sufficient.
- It does not state what the aged care worker screening requirements consist of - those are prescribed by the rules and must be read there at the time of reliance.
- It does not predict what an approved quality auditor or the Commission will decide.
- And it does not convert penalty units into dollars.

SUPPORT - FOR YOU

- Nurse & Midwife Support - 1800 667 877. 24 hours, seven days. Free and confidential, for nurses, midwives and students - including if you are carrying an incident, a complaint or an investigation.
- Lifeline - 13 11 14. 24 hours, seven days. National crisis support.
- You may stop this programme at any point and come back. Nothing is timed and there is no penalty.