

Restrictive Practices and Behaviour Support Plans: 'Positive Behaviour Support' Appears Nowhere in the Rules

Programme descriptor

DOCUMENT CONTROL

- Programme: Restrictive Practices and Behaviour Support Plans: 'Positive Behaviour Support' Appears Nowhere in the Rules (OBA-NRP-2026)
- Audience: Prospective participants and employers
- Version 1.0 | Issued 28/09/2026 | Review due 28/03/2027
- Provider: OBA Nursing Academy

The finding this programme is built on

So the sector's vocabulary and the instrument's vocabulary are almost disjoint. That is not a criticism of the Commission - its Guide is a good document and it is built on positive behaviour support, which is the right frame for the work. It is a warning about what a worker who has only ever been trained on the Guide does not know: the Rules are mostly about authorisation and jurisdiction, and those are the parts that condition their employer's registration and carry a civil penalty.

Phrase	Occurrences in 24 pages
positive behaviour support	0
implementing provider	0
quality of life	0
human rights	0
dignity	0
Convention (on the Rights of Persons with Disabilities)	0
fade / fading	0
unauthorised	0
authorisation	33
State or Territory	26
comprehensive behaviour support plan	10
interim behaviour support plan	6
functional behavioural assessment	4
primary purpose	3
last resort	1
least restrictive	1

The same subject, three documents, two vocabularies	
In the RULES - the instrument that conditions your employer's registration	positive behaviour support ZERO. implementing provider ZERO. quality of life ZERO. human rights ZERO. dignity ZERO. AUTHORISATION THIRTY-THREE. STATE OR TERRITORY TWENTY-SIX.
On the COMMISSION'S OWN PAGE about those same Rules	positive behaviour support SEVEN. implementing provider EIGHTEEN. And 'quality of life' in the first sentence.
In the Commission's sixty-page REGULATED RESTRICTIVE PRACTICES GUIDE	behaviour support plan 74. reduce 42. positive behaviour support 20. elimination 18. eliminate 15. last resort 15. fade 13 - against AUTHORISATION THREE and STATE OR TERRITORY ONE.

AND THE QUALIFICATION THAT TRAVELS WITH IT

AND HERE IS THE SENTENCE THAT HAS TO TRAVEL WITH THE COUNT, EVERY TIME IT IS SAID OUT LOUD. POSITIVE BEHAVIOUR SUPPORT IS NOT ABSENT FROM THE SCHEME - IT IS ABSENT FROM THIS INSTRUMENT. It is the name of registration group 0110, Specialist positive behaviour support, which sits under the NDIS (Provider Registration and Practice Standards) Rules 2018 - a different instrument, not read for this build. Section 20 of THESE Rules requires the plan to reduce and eliminate the need for the practice, to change the person's environment, and to consult the person; section 21 requires strategies that are evidence-based, person-centred and proactive. That IS positive behaviour support, described without the label. The count is a fact about which document says what. It is not permission to stop doing the thing.

Who it is for

Disability support workers, registered and enrolled nurses, house and team leaders, clinical and quality managers, and behaviour support practitioners new to the instrument. No legal background is assumed, and every practical instruction ends by naming the local document or the jurisdiction's process that has to answer it.

What you will be able to do

- State what the Rules say most, and what they never say
- Say why that count is not an argument against positive behaviour support
- Identify which of the five regulated restrictive practices you are looking at - and which two do not ask what it was for
- Ask the first question first: does my jurisdiction prohibit this, and does it have an authorisation process
- Read Part 2 as a decision tree, including the branch with no plan and no authorisation
- Work both plan clocks from the right moment, and know whose each one is
- Record the eight things section 15(2) requires, and know why (g) and (h) matter most
- Say what is not yours - and quote the one duty in the instrument that is conditional on nothing

Shape

Modules	11
CPD hours	7.5 (measured)
Assessment	60 items, 80 per cent, 2 attempts, 20 mandatory-correct
Mode	Self-directed online
Issued	28/09/2026
Review due	28/03/2027

What it will not do

- ANY STATEMENT THAT A PRACTICE IS AUTHORISED, AUTHORISABLE, LAWFUL OR PROHIBITED IN ANY JURISDICTION
- A BEHAVIOUR SUPPORT PLAN PRESENTED AS MAKING A PRACTICE LAWFUL OR AUTHORISED
- THE COUNT PRESENTED AS MEANING THAT POSITIVE BEHAVIOUR SUPPORT DOES NOT MATTER
- ANY SUGGESTION THAT USE WITHOUT A PLAN OR AUTHORISATION IS ACCEPTABLE BECAUSE SECTION 12 DESCRIBES IT
- A PURPOSE TEST APPLIED TO SECLUSION OR ENVIRONMENTAL RESTRAINT
- ANY PHYSICAL, MECHANICAL OR CHEMICAL TECHNIQUE, OR ANY INSTRUCTION ON HOW TO APPLY A RESTRICTIVE PRACTICE
- A DECISION THAT A PARTICULAR MEDICINE FALLS INSIDE OR OUTSIDE THE CHEMICAL RESTRAINT EXCLUSION
- A CLAIM THAT A PARTICULAR ACTION WAS REFLEXIVE, OR ADVICE THAT PLANNED HOLDS FALL INSIDE THAT EXCLUSION
- ANY REPORTABLE INCIDENT TIMEFRAME, CATEGORY OR THRESHOLD

SCOPE, CURRENCY AND THE LIMIT OF THIS PROGRAMME

- This programme is professional development. It states what the NDIS (RESTRICTIVE PRACTICES AND BEHAVIOUR SUPPORT) RULES 2018 say, quotes them where the words matter, and cites the section every time. IT IS NOT LEGAL ADVICE AND IT IS NOT CLINICAL ADVICE. It states NOTHING about what any State or Territory authorisation process requires, permits or prohibits - the Rules defer to those instruments twenty-six times and THIS BUILD READ NONE OF THEM. It contains no behavioural intervention, no medication, no physical technique and no de-escalation sequence. It does not decide whether any particular practice is a regulated restrictive practice, whether it is authorised, or whether anybody complies with anything. Decisions about an individual belong to that person, their guardian or decision-maker, the NDIS behaviour support practitioner, the provider, and the authorisation process where they live.
- WHAT WAS READ, AND WHEN. The NDIS (RESTRICTIVE PRACTICES AND BEHAVIOUR SUPPORT) RULES 2018 were read IN FULL on 28/09/2026, and the counts quoted in this programme were taken TWICE - once from the extracted text and once directly from the PDF, case-insensitively and on stems - because a count of ZERO is the kind of claim that has to be right. AN IMPORTANT LIMIT: the version read in full was the AS-MADE version, F2018L00632, an authorised version registered 18/05/2018. The current compilation is F2020C01087, compilation

C01, in force 1 December 2020, amended by the NDIS Legislation Amendment (Transitioning Aged Care Providers) Rules 2020, Schedule 1 items 14 to 26. THAT COMPILATION WAS NOT READ PROVISION BY PROVISION. Its only amending instrument is titled 'Transitioning Aged Care Providers' and Part 4 of the Rules is the transitional Part, so the amendments are very likely confined there - but that was not confirmed section by section. Every section quoted here was cross-checked against the NDIS Commission's own current published description of the obligations and matched at every point tested. If you are about to rely on an exact form of words, open the current compilation.